

The Great
British Columbia

Shake Out™

October 18, 2018, 10:18 a.m.



If you feel an earthquake:

- **DROP** to the ground (before the earthquake drops you).
- Take **COVER** by getting under a sturdy desk or table.
- **HOLD ON** until the shaking stops.
- **STAY THERE** for 60 seconds, giving unstable objects time to settle.



Cover: most injuries/deaths are caused by flying glass, falling objects/debris

“Building continuity to respond to evolving risks”

Risk

3,000+ earthquakes occur every year in BC

Response

Drop, Cover, and Hold on!

Continuity

To react quickly you must practice often

Lead by example!

An **annual** opportunity for people in homes, schools, and organizations **to practice what to do during earthquakes**, and to improve preparedness.

Everyone, everywhere, should know what to do in an earthquake and should **practice**.

At home, work, and school...

Secure your space

- Strap furniture to walls
- Put latches on cabinets
- Secure TVs and computers

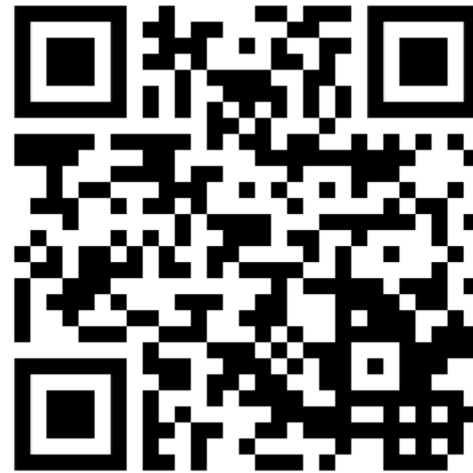
Create or update plans

- Prepare or update plan
- Find out-of-province contact
- Have a meeting place

Store water, food, safety supplies

- **AT LEAST 72** hours of food and water per person + pets
- Fire extinguisher
- First Aid kit
- Store shoes and flashlight under bed

Register today!



www.ShakeOutBC.ca/register